

A Garden of Simplicity (à la Duane Elgin) – see p.18-26 of *Less is More*

	How I am Doing Now	What I Could Do
<p>Uncluttered Simplicity Take charge of lives that are too busy, too stressed, and too fragmented. Cut back on clutter, complexity and trivial distractions, both material and non-material</p>		
<p>Ecological Simplicity Choose ways of living that touch the Earth more lightly and reduce your impact on the web of life. Connect with nature, the seasons, and the cosmos.</p>		
<p>Compassionate Simplicity Feel a strong sense of kinship with others in order to “choose to live simply, so that others may simply live.” Take a path of cooperation and fairness for all.</p>		
<p>Soulful Simplicity Approach life as a meditation and cultivate your experience of intimate connection with all that exists. Consciously taste life in its unadorned richness unconnected to material “wealth”</p>		
<p>Business Simplicity Support healthy and sustainable products and services of all kinds. Live in global “right livelihood”</p>		
<p>Civic Simplicity Work toward public changes in living more lightly – from transportation and education to the design of cities, public buildings and workplaces. Resist manipulation by mass media.</p>		
<p>Frugal Simplicity Cut back on spending that is not truly serving your life. Reduce the impact of your consumption on the Earth and free up resources for others.</p>		