

# Sierra Foothills

## unitarian universalists

OCTOBER 2015

Sunday Services at 9:00 & 11:00 AM  
Religious Education, Grades K-8 & Jr. Youth Group, at 9 AM — Sr. Youth Group at 10:00 AM  
Forums at 12:30 AM

### **Oct 4 SACRED RELATIONSHIPS: SUSTAINING LONG TERM RELATIONSHIPS, SPIRITUALLY AND PRACTICALLY**

How do we maintain friendships, how do we care for and maintain our primary partnership, and how do we build and deepen community relationships?

Worship Leaders: Valerie and John Bowman

### **Oct 11 INDIGENOUS PEOPLES DAY: FINDING WAYS TO HEAL**

As Janie Evans, Lisa Boch, and Valerie Bowman explore the traumatic wake of American settler colonialism as manifested in First Nations' cultural destruction and African slavery, we will share new stories of hope and renewal, as we open to avenues of healing through continued relationship-building and compassionate community.

Worship Leader: Janie Evans  
Worship Associate: Amy Evans

### **Oct 18 LIVING BY HEART**

Compassion is a core teaching and practice in many of the world's religions, including Unitarian Universalism. We'll explore stories of the ripples of mindfulness and of living by heart.

Worship Leader: Rev. Lynn Gardner  
Worship Participants: Members of the 12 Steps to Compassionate Living Class

### **Oct. 25 WHAT IS A NATION?**

This week, we celebrate the 70<sup>th</sup> anniversary of the United Nations. Our UU 5<sup>th</sup> Principle says we affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large, and the 6<sup>th</sup> is the goal of world community with peace, liberty, and justice for all. What does that mean for us, here, now?

Worship Leader: Rev. Wendy Bartel  
Worship Associate: Robert Archer

For information about

- the Sierra Foothills Unitarian Universalist (SFUU) congregation, please visit the SFUU website ([www.mysfuu.org](http://www.mysfuu.org))
- Unitarian Universalism, please visit the Unitarian Universalist Association (UUA) website ([www.uua.org](http://www.uua.org))
- district resources and events, please visit the Pacific Central District (PCD) of the UUA ([www.pcd-uua.org](http://www.pcd-uua.org))
- Regional resources and events, please visit the Pacific Western Region of the UUA (<http://pwr.uua.org>)

## CHILDREN/YOUTH RELIGIOUS EDUCATION

Growing up, I was lucky enough to have parents who held strong beliefs about the importance of peace and social justice. They felt it was important to foster those beliefs by enrolling me in a number of youth programs sponsored by the American Friends Service Committee (AFSC), the service arm of the Society of Friends (Quakers). This organization is much like UU Service Committee, which offers support, programs for all ages, and advocates for peace, social justice and equality throughout the country and indeed the world. It was during this time as a high school youth that I actually got to experience social injustice and poverty first hand, when I spent two weeks living and working on the impoverished Santa Rosa Indian Reservation in the mountains above Palm Springs, along with 20 other youth from around southern California. We were called to assist the tribal members build fences so their cattle wouldn't wander off and help restore other parts of the reservation that were in disrepair. This activity directly helped the reservation maintain its legal status, because at that time there was a concerted effort in California to parcel off and sell bits and pieces of tribal lands to developers if tribal members did not actually live there. Unfortunately, most of the tribal members had abandoned the reservation and gave up hope of ever returning, choosing instead to live in the nearby town of Hemet where they could find work. Only the elderly and a few families remained on the reservation. We ate outside, used an outhouse, and slept on the ground in "Ramadas," which were walled off on three sides by handwoven fencing made of local tree limbs and reeds. One of the remaining families, the Tortoise family, saw the value of why we were there and offered to help us. George Tortoise drove us out every day in the back of his truck to the edges of the reservation where we worked in the hot sun, digging holes and laying fence posts, stringing fencing wire and shoring up existing fencing. We cleaned out brush from the cemetery and did general clean-up around the reservation under the supervision of George Tortoise and the AFSC staff. He was so moved by our being there that he encouraged the entire tribe to come up from Hemet to see what we had accomplished. One evening about 70 tribal members arrived, bringing pots and bowls of food, and put on a huge outdoor feast for all of us. They thanked us for the work we did, and vowed to return to the Reservation to continue working and developing their land.

On another occasion, at an AFSC weekend retreat for youth, I had the good fortune of meeting and hearing Dr. Martin Luther King Jr. speak about his developing non-violent movement for civil rights. We had an opportunity to discuss with him issues of non-violence and form our own opinions about justice and equality through that exchange. Because of this encounter, as an adult, I became involved in the civil rights and peace movements in Los Angeles, helping to raise funds and demonstrate for peace and social justice.

It was these experiences that also helped me feel at home working with a very diverse community of low income Latino, African American, Asian, Native American, and white families as the director of the Kings County Head Start/Child Development program for many years. I then went on to develop a training program through California State University, Fresno, for Head Start parents and teacher aides that I implemented in small towns from Merced to Bakersfield. My overall mission was to encourage low income parents to get college credits in child development so as to become the leaders of Head Start programs themselves, as a stepping stone to getting out of poverty. Even today I'm committed to doing what I can towards bringing peace and social and environmental justice to our community through my involvement with Growing Peace Camp, as well as the work I do at SFUU.

In looking back, I am so thankful that my parents encouraged me to participate in these programs. These experiences, at a critical time in my life that helped to develop my sense of social justice, to advocate for peace and equality.

This year, we'll offer opportunities for our children and youth to focus on Peace, Social Justice, and Environment curricula. Our Faith in Action portions of each curriculum can guide us to meaningful social justice work. We are eager to witness and participate in, as appropriate, the Congregational Discernment and Engagement Program and see how we might work together to create meaningful experiences and transformation.

### **Our Whole Lives (OWL)**

The OWL class for 8<sup>th</sup> - 10<sup>th</sup> grade has been postponed to 2016. Due to the lack of enough participants, the 8<sup>th</sup> - 10<sup>th</sup> grade OWL has been postponed temporarily. The OWL facilitators—Jim Robison, Nicole Nelson and Candy Jensen—and I will meet in the coming weeks to look at when we might reschedule the class after the first of the year. We need at least five youth to have a viable program. If you have or know of an 8<sup>th</sup> - 10<sup>th</sup> grade youth who might like to participate in OWL after the first of the year, please contact Leslye. We would like to hear from those who are interested about what days or times work best for you. We'll reach out again to other congregations in the area to ascertain their interest as well.

With peace,

Leslye Janusz  
Director of Religious Education (DRE)  
(530) 889-9433 or [sfuudreslye@gmail.com](mailto:sfuudreslye@gmail.com)



## CO-MINISTERS' COLLOQUY

In mid-September, Lynn flew to Florida to attend a meeting for the Continuing Education Committee of the UU Ministers' Association. The flight home stopped in Denver. Just before the cabin door closed so that the plane could take off and head to Sacramento, a man came in, breathing hard. "So glad I made this connection!" he said.

As your ministers, we hope to connect with everyone that we serve. We are available whether you are feeling in need of some pastoral support or would just like to get to know each other better. We attend events and this is a way for all of us to get to know one another a bit more too, to make connections. Some of the other ways we invite connection are to ask questions in our colloquy, our e-Beacon message, or in sermons. In five years, hardly anyone has ever responded to those questions. We aren't sure why. We'd love to know. One of the reasons why we are so excited about our two new Deepening Discussions programs (see page 4) is that they are a means for connections.

There is a line in one of Marge Piercy's poems, "Connections are made slowly, sometimes they grow underground. You cannot tell always by looking what is happening."

We have the opportunity to sit on the chancel many Sundays and watch people arrive for worship. They are greeted at the door. They may see folks they know or not. They find a place to sit. Sometimes, it is like we can see the invisible roots that connect people in this congregation; the new tender roots, looking for a way to connect, looking for what is nourishing. We can see the connections that have been woven over years of shared conversations, of being together through challenges and celebrations. We know that those connections have occasionally been broken and sometimes, through intention and attention, have healed.

In September, we had an opportunity to gather with our actual Neighborhood Beacon Group. When one becomes a Member or Friend of the congregation, one of the benefits is being assigned to a Neighborhood Beacon Group, which is a way to connect with those who live nearby, as the congregation is very spread out. It was so good to see those who could attend, and to have a chance to hear some of the stories of their lives. As we talked, listened, and enjoyed delicious treats, toddler Harriet explored the room, each time making a little trek away from a parent and back again. It was beautiful to watch her explore and to observe her wonderful parents caring for her.

These are connections that sustain us over time and are made stronger each time we show up with a willingness to be engaged and present. We have each experienced the life-giving connections that are available from participation in a UU congregation. A religious community isn't a commodity ... it is a relationship. Marge Piercy's poem also says, "Reach out, keep reaching out, keep bringing in. This is how we are going to live for a long time." This October, we encourage you to notice your connections here at SFUU. Are you reaching out, or pulling back? Do your connections nourish you and invite you to more deeply connect with yourself? Do they help nourish others? Do you feel more connected to that which is larger? There is so much love here and yet it can be tricky to access it. Life can be challenging, and we all need ways to feel nourished and to participate in meaningful, life-giving ways. We would love to have each of us honestly say, "I'm so glad that I made this connection!"



In faith,

*Rev. Lynn & Rev. Wendy*



## **ADULT PROGRAMS/ADULT R.E.**

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### **Men's Group**

Meets at SFUU on the second and fourth Wednesday of each month from 6:00 - 7:30 PM. This group is open to anyone who identifies as male and wishes to join us for personal sharing and conversation. For more information simply come to one of our meetings or contact Jim Robison at [jimrobison66@gmail.com](mailto:jimrobison66@gmail.com) or 209-277-6201.

### **Exploring the Sacred Feminine**

Meets 2<sup>nd</sup> and 4<sup>th</sup> Sundays, 2:00 - 4:00 PM. Any adult who identifies as female is welcome to join this circle of feminine energy as we share and explore through discussion, poetry, storytelling, art, song, and laughter the sacred of who we are. Contact Nancy at [nancypolli@hotmail.com](mailto:nancypolli@hotmail.com) or 530-368-2038.

### **Second Sunday Forum: Doctrine of Discovery**

Sunday, October 11<sup>th</sup>, 12:30 - 1:30 PM, in the SFUU Sanctuary.

Are truth and reconciliation an option for California and US First Nations? What is the UN statement on the Rights of Indigenous Peoples that was endorsed by the UUA in 2011? This will be an interactive discussion with guest speakers and panelists. Contact Janie Evans at [janie.evansod@gmail.com](mailto:janie.evansod@gmail.com).

### **Social Discernment Series—Part 2, Sunday, October 25, 12:30 – 2:30 PM, SFUU Sanctuary**

This series of Congregational meetings will help us identify healthy, accountable, social justice ministries. Sponsored by the Social Justice Committee. In the second session, participants will consider specific, critical social justice issues identified in session one which, if properly addressed, would lead to a more effective social justice program. For more information, see page 5.

### **DEEPENING CONVERSATIONS**

**The ( )logies\* on Tap:** Third Wednesdays, August through December 7-9 PM

Let us gather with different views and different brews ... Over a pint, we'll explore perspectives on life, spirituality, and other things that matter. All are welcome. Hosted by Bill Boyce, Rev. Wendy Bartel, and Rev. Lynn Gardner.

- October 21 *Honoring the Dead with Our Living* – New Belgium Deli, Auburn
- November 18 *Why Be Thankful?* – Infusion Tap Room, Lincoln
- December 16 *Mystery, Wonder, and the Blues* – New Belgium Deli, Auburn

**Brewed Awakenings:** Last Tuesdays, August through December 10 -11:30 AM

Ponder the( )logical\* views while you enjoy a hot beverage. Support a local business. Meet new people. Over a mug, we'll explore spirituality and other things that matter. All are welcome. Hosted by Rev. Lynn Gardner and Rev. Wendy Bartel. Watch the e-Beacon for more information.

- September 29 *The F Word* – Shady Coffee and Tea, Roseville
- October 27 *Honoring the Dead with Our Living* – Flour Garden, Auburn
- November 26 *Why Be Thankful?* – to be determined
- December 29 *Mystery, Wonder, and the Blues* – Flour Garden, Auburn

### **UPDATE on the PBS Video, “Bhutan: Taking the Middle Path to Happiness”**

Good news for those who missed this delightful program! The DVD is available in the church library for anyone who would like to borrow it. It is just one hour; a very lovely and thoughtful film. Hopefully many of you will take time to view and consider it.

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# SOCIAL JUSTICE




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## SOCIAL JUSTICE DISCERNMENT AND ENGAGEMENT PROGRAM

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### Recap of Session #1, September 20, 2015

The first session looked at the congregation's history around social justice, allowing time to celebrate the congregation's successes and identify areas for creative change within a framework that included UU values, UU justice history and models of engagement in right relationship. We

- defined systemic change and why UUs engage in efforts to create transformative social justice;
- identified and celebrated the congregation's historical engagement in social justice work;
- examined components of a balanced social justice program;
- investigated how healthy congregational life integrates a social justice vision;
- reframed social justice activities as a congregation-wide ministry; and
- began to identify directions for the congregation's future in social justice.

As the newsletter deadline preceded this session, we will have more afterwards, stay tuned! Watch your inbox for a survey about the things that matter to you about justice-making within your congregation.

Coming up this month and next...

- **Session # 2 October 25, 2015 12:30 - 2:30 PM**

In the second session participants will consider critical issues for the congregation which, if properly addressed, will lead to a more effective social justice program. Much of this work is done in small groups with sharing. We discuss and practice democratic methods for choosing issues for further exploration. Feedback and evaluations from participants as well as non-participating members will be invited. Please request childcare by Wednesday, October 21, to [janie.evansod@gmail.com](mailto:janie.evansod@gmail.com).

- **Session # 3 November 15, 2015 12:30 - 2:00 PM**

The third session brings it home by having the leadership team present the results of the feedback from the congregation for possible engagements. They make recommendations and set up the process for selection and planning. This session sets the stage for the planning and implementation of the newly created vision and action model with a shared understanding of how our congregation-wide efforts will further our collective social justice work. Please request childcare by Wednesday, November 11, to [janie.evansod@gmail.com](mailto:janie.evansod@gmail.com).

Your Discernment and Engagement Planning Core Team consists of Loretta Saenz, Lisa Joseph Boch, Janie Evans, and Reverend Wendy Bartel. Please feel free to direct questions or concerns to any of us.

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### Social Justice Committee

At present your Social Justice Committee (SJC) is on hold, processing the congregation's participation in the Discernment and Engagement Program. It is exciting, dynamic, and fluid. As we build a program together, your SJC is busy working behind the scenes to help provide feedback and document discussions and our creative processes as we go forward.

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## SFUU MEMBERSHIP

Membership is an important step in deepening a relationship with the SFUU community. If you have been attending services and feel that this congregation might be a good fit for you, we invite you to come to a Saturday Supper and SFUU 101 orientation events to get more familiar with Unitarian Universalism and the Sierra Foothills Unitarian Universalists.

- **Saturday Supper – Dec 12 at 5:30-7:30 PM.** This is an informal gathering of newcomers and long-timers to SFUU over a meal for conversation. Hosted by Nancy Winton and Tammy Zavinski. Childcare will be provided if requested by Sept. 7. RSVP to Nancy Winton [nlwinton@sbcglobal.net](mailto:nlwinton@sbcglobal.net).
- **SFUU 101 Orientation – Sunday, October 18 at 10:10 AM** in the ministers' office: SFUU 101 includes an informational video and conversation with current members. Get some snacks at the social hour and join us. Please RSVP to Marylee Drake at [maryleedrake@sbcglobal.net](mailto:maryleedrake@sbcglobal.net). Childcare provided if requested by Oct. 13.

**A New Member Signing Event** will be held on **Sunday, October 25, 10:10 PM** in the ministers' office. If you have attended an SFUU 101 and are ready to formally consider signing the membership book, please attend this gathering to learn more specifically of the benefits, rights, and responsibilities of membership.

If you don't want to wait that long or would rather have a private conversation, you are welcome to make an appointment to meet with one of the co-ministers.

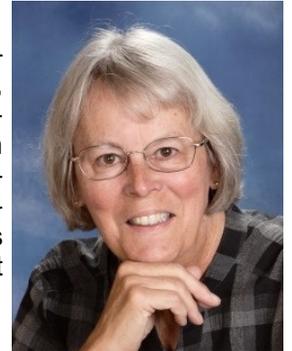
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## *From Our Board President*

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The 2015-2016 Board of Trustees has met twice now and we are starting to clarify our goals and identify those that resonate with each of us. Some of our goals relate to people: how can we create a vibrant engaging community that people will want to be a part of? We also have several goals related to financial stability: how can we sustainably support the ministry and programs we all love and benefit from? We want people who respond to our message of love and healing to join with us in making these values visible in our community and the world.

The Board, together with the co-ministers, has a responsibility to look to the future and make decisions that will allow us to move forward as a congregation and to grow in numbers, in connection, and in spiritual depth. When we made the decision to continue with our schedule of having two services on Sunday, it was with this in mind. We know that total attendance is higher on Sundays when we have two services, and this format leaves enough room for visitors, friends, and guests to experience our wonderful Sunday morning experience. So, please, invite people to share in this community. Let your friends know what you do with your Sunday mornings. Invite them to Brewed Awakenings or The( )logies on Tap to get to know us better. I truly believe this faith can change the world, but there is much work to do, and only together will we have the strength and vision to keep going.



*Joan Facktis*

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### **MEMBERS' AND FRIENDS' CORNER** **Caring for Our Community**

*Please reach out to one another when you need and/or can offer support.*

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*Caring thoughts and comfort to:*

- Maureen Bauman, who asks us to hold her sister in appreciation as she cares for their parents in all the day-to-day challenges of people living with dementia
- Jennifer Warner, her wife, Nicole, and their children, Abby, Emma, and Becca, following the death of Jen's mother last month. While her death was expected, the loss came very quickly. They appreciate the care and support of this community during this tender time.
- Mary Lou Bailey, who asks for healing thoughts for her cousin in the ICU in Texas
- Ken and Amy Evans and Ken's mom as she deals with deteriorating health
- Diana Bohland and family, who ask for healing thoughts as she has developed a cold and continues her 8 weeks of chemotherapy
- Amy and Ken Evans, who hold the town of Middletown in their hearts. Their son Jake's roommate's family lives there. Much has been destroyed in the fire.
- Rick Marshall, who has co-workers in Napa that live in the evacuation area in Lake County and friends from his chorus who live in the evacuation area in Amador County
- For Sue Dunbar, who is continuing to grapple with medical issues.
- Vicky Jungers, who asks for concern and support for her parents, hoping they find strength and joy even as they live with the perils of dialysis at 85.

*With joy & gratitude for:*

- Stevie Rea and Fred Waters on their grandson's first visit at 8 months, along with Mom, Aunt, Nana, & Great Grandma
- Brian and Janet Hansen, who welcome the birth of their granddaughter, Abigail Catherine McClain, on Sep. 10
- Millie Livingston who turned 85 and who celebrated with a contribution for the Social Justice Committee
- Gerry and Barbara Brody, who are grateful that Barbara is healing and recovering from her spinal surgery
- Janie Evans and Robert Archer, who are celebrating Janie's recovery from knee surgery as well as their 40<sup>th</sup> anniversary with a donation of \$40
- Mary Lou Bailey, who is grateful to be celebrating another year and chose to donate to the birthday fund. Happy birthday!
- Janet Russell, who is celebrating her son's upcoming wedding in Colorado. Hooray for love!
- Congratulations to John Bowman, who shared that a short story he wrote has won Honorable Mention in a national writing contest!
- We celebrate with Jim Robison on the birth of a new grandson in San Jose on Sept. 1!

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*Items for the Members' & Friends' Corner usually come from the Memory Book*

## COMING ATTRACTIONS

**SAVE THE DATE - It's Fall Fundraising Time!**  
 Saturday, November 14, 2015, 5:30 - 9:30 PM at SFUU

La, la, la, la, la, la, la, la, la. Ha, ha, ha, ha, ha, ha, ha, ha, ha. Resin that bow, warm up those vocal chords, dust off your prose, pull out your favorite comedy routine, or perfect your perfect magic trick, because it's time to "Let Your Light Shine" at SFUU!!!

We are going to try something new this fall to raise some funds for our beloved church community by presenting (with your help) a night of talent! A combination talent show, musical concert, and auction night awaits you and your family and friends.

- If you'd like to let your light shine and perform in front of a loving crowd, we want to hear from you!
- If you have a special auction item (art, vacation homes, special dinners) you'd like to offer, we want to hear from you!
- If you like to bake or cook we'd like to hear from you!
- We all have gifts to share and if you've ever wanted to "let your light shine" out loud this is your night!
- If you like to decorate and set up chairs, we'd like to hear from you!

There will be opportunities for all our talents big and small. So mark your calendars, plan to attend. We are still in the early planning stages so if you are able to assist in any way, please contact Vicky Jungers at [vicky@souktopia.com](mailto:vicky@souktopia.com) or Ann Dennison at [anndenison1956@gmail.com](mailto:anndenison1956@gmail.com) and stay tuned for further details!

## BEYOND SFUU

### DENOMINATIONAL CONNECTIONS

#### “ALOHA SPIRIT DAY”

SAVE THE DATE & PLACE: Saturday, February 20, 2016, Kailua-Kona, Big Island, Hawaii.

The UUs of West Hawaii invite all UUs who are planning to visit The Big Island to arrange their trip so they can participate in our "Aloha Spirit Day." The Day will offer well-designed workshops and fascinating speakers plus a communal dinner. Experience the Big Island of Hawaii more deeply and understand the unique nature of this place we love so much: environment, volunteering, cultural sensitivity, music, & fun. Connect with UUs in paradise – we look forward to meeting you!

Pre-registration is necessary. For more information, contact Linda Olsen at **530-368-0079** or [linda-o@audioeditions.com](mailto:linda-o@audioeditions.com). Our UU West Hawaii website is [www.uuwesthawaii.org](http://www.uuwesthawaii.org).



#### BOARD MEMBERS

July '15— June '16

##### President

Joan Laktis  
[president@mysfuu.org](mailto:president@mysfuu.org)

##### Vice President

Jenny Ferris  
[vicepresident@mysfuu.org](mailto:vicepresident@mysfuu.org)

##### Secretary

Meg Dorsey  
[secretary@mysfuu.org](mailto:secretary@mysfuu.org)

##### Financial Officer

Stevie Rea  
[financialofficer@mysfuu.org](mailto:financialofficer@mysfuu.org)

##### Trustees-at-Large

Maureen Bauman,  
 Jeff Chamberlain, Javier Rivera

##### Treasurer

(appointed)  
 Jim Robison

#### STAFF

##### Administrator

Ronda Pate  
[sfuuadmin@mysfuu.org](mailto:sfuuadmin@mysfuu.org)  
 (Office hours on back page)

##### Music Director

Patricia Leftridge

##### Children/Youth R.E. Director

Leslye Janusz  
 (Contact information on R.E. page)

##### Youth Leader

Theresa Coté

#### COMMITTEE CHAIRS

##### Adult Programs/Adult R.E.

John Bohland

##### Building & Grounds

Bob Niblack

##### Caring Ministry

Beryl Mayne

##### Communications

Laurie Soper

##### Finance

Stevie Rea

##### Membership

Tammy Zavinski

##### Children/Youth R.E.

Jennifer Warner

##### Social Justice

Lisa Boch, Janie Evans

##### Worship

Amy Evans

#### CO-MINISTERS

Rev. Lynn Gardner  
 Rev. Wendy Bartel

**Sierra Foothills Unitarian Universalists**

190 Finley Street  
Auburn, California 95603

*Mail Return Service Requested*

A LIBERAL FAITH IN  
PLACER COUNTY



**Sierra Foothills Unitarian Universalists**  
*A Welcoming Congregation*

**Our mission**  
*is to build beloved community  
that respects diversities,  
as we nourish the spirit,  
care for the Earth,  
and inspire faithful acts  
of peace and justice.*

**SUNDAY SERVICES: 9 & 11 AM**  
**SUMMER: 10 AM only**  
190 Finley St  
Auburn, CA 95603  
  
Phone: (530) 823-0953  
  
Our e-mail address:  
[sfuuadmin@mysfuu.org](mailto:sfuuadmin@mysfuu.org)  
Our website: [www.mysfuu.org](http://www.mysfuu.org)

**We welcome ALL** who attend our Sunday services and activities. Child care is available during the service, and your children are welcome in our Religious Education program. Please join us for conversation after the service. If you would like information about SFUU, please take literature on display in the foyer or speak with the greeters, our ministers, or any member of the congregation.

If you have **announcements** or **calendar items** to share with the congregation, you are encouraged to submit them, as follows:

- For announcements to share by weekly "E-Beacon", contact the Church Administrator at [sfuuadmin@mysfuu.org](mailto:sfuuadmin@mysfuu.org) by **6 PM each Thursday**.
- Submit items for the Sunday Order of Service by **6 PM each Wednesday** to the Church Administrator, [sfuuadmin@mysfuu.org](mailto:sfuuadmin@mysfuu.org) or **530-823-0953**.
- Submit items for the website to Joan Lactis at [joansac@pacbell.net](mailto:joansac@pacbell.net)
- Submit items for the newsletter by MS Word attachment to an e-mail on or before **Friday, October 17**, to Laurie Soper at [lasoper43@gmail.com](mailto:lasoper43@gmail.com)

**SFUU Office Hours & Contact Information**

Rev. Wendy Bartel & Rev. Lynn Gardner

Our co-ministers work from their home office most days of the week. General office hours at SFUU are:

Tues: 3 - 5 PM\*  
Thurs: OFF  
Fri: 11 AM - 2 PM\*

*\* Please call or e-mail before coming in; they are sometimes in a meeting or off site. They are happy to make an appointment with you outside of office hours as needed.*

[revlynn@mysfuu.org](mailto:revlynn@mysfuu.org)  
[revwendyb@mysfuu.org](mailto:revwendyb@mysfuu.org)  
Church: 530-823-0953, \*2 at the prompt  
Home office: 530-887-1375

Our co-ministers are on Facebook. If you would like to connect that way, search for RevWendy Bartel and RevLynn Gardner (no space between Rev and their first names).

Church Administrator, Ronda Pate

In-office hours are:  
Fri: 11 AM - 3 PM  
Sun: 8:15 AM - 2:15 PM  
Tues, Wed, Sat: OFF

Contact Ronda at [sfuuadmin@mysfuu.org](mailto:sfuuadmin@mysfuu.org)