

Some Steps to Reduce Carbon Footprint

<https://www.goingzerowaste.com/blog/5-ways-to-reduce-your-carbon-footprint>

<https://www.theguardian.com/environment/2017/jan/19/how-to-reduce-carbon-footprint>

1. The 5 R's

- **Refuse** (avoid single use plastic and paper products)
- **Reduce** (be mindful of what you purchase; consume less)
- **Reuse** (repair and repurpose items)
- **Rot** (compost your food waste)
- **Recycle**

2. Transportation

- drive less; carpool when possible
- bike/walk more or use public transportation
- drive more slowly
- coast to a stop / slowly accelerate from a stop
- make sure your tires are properly inflated
- don't fly / save flying for truly special occasions
- use an electric car

3. Eat seasonally, locally, and more plants

- shop at farmer's markets
- grow your own
- join a local CSA (community-supported agriculture)
- bring your own bags when you shop!

4. In your home

- insulate your house
- invest in an energy star heating/cooling system
- install solar panels or buy shares in cooperatively owned wind, solar, or hydroelectric plants
- cut down on electricity use/invest in energy star products
- use LED lightbulbs
- hang your laundry to dry

5. Divest financial holdings in fossil fuel companies

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