

Surpluses and Deficiencies in American Lifestyles (from Wann essay, p.41-46)

Surpluses	Deficiencies
Stress	Good Health
Material wealth	Time for self
Debt	Time for family
Waiting in line	Time for friends
Long commutes	Social connections
Junk mail	Relationships
Household chores	Creative activities
TV / Screen time	Vacation time
Electronic gadgets	Amateur sports
Pollution	Exercise
Indoor time	Gardening
Manicured landscapes	Experiences
Fast food	Nature
Convenience Stores	

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